

LAY EUCHARISTIC ADORATION SIGN UP TALKS FOR AFTER HOLY COMMUNION DURING MASS

NOTE FOR PARISH CLERGY: *If a lay person will deliver a sign-up talk during the Masses on your Adoration sign-up weekend, we suggest a 5-minute sermon, to allow enough time for the lay talk/sign-up. You can find a sample homiletic at the end of this document: **After Holy Communion, after the priest finishes purifying the sacred vessels he can say: "I now invite [name of speaker, our adoration coordinator] to speak. We would like 100% of parishioners to take a weekly hour of Eucharistic Adoration. I encourage everyone to sign-up for weekly holy hour today!"***

ADORATION RENEWAL/REVIVAL LAY SIGN-UP TALK #1

- [Can make the sign of the cross silently] Many thanks to our beloved pastor, [Fr. _____] for the opportunity to invite you to commit to loving Jesus {day and night} in adoration.
- [MY NAME IS - only if priest does **not** mention your name]. I am a grateful adorer [and adoration coordinator here at the parish]. We would like to maintain weekly adoration of Jesus, truly present in the most Holy Eucharist, [up to 24 hours a day where possible].
- May the Holy Spirit and Our Blessed Mother touch the hearts of all here today, to have the courage and generosity to say "yes" to the invitation to spend a weekly hour with Our Lord.
- My dear brothers and sisters in Christ: in order to strengthen and revive our program of perpetual adoration here, Invitation forms will now be given out to you.
- **[YOU CAN SAY THIS NOW OR BELOW AT THE START OF THE SIGN-UP INSTRUCTIONS]:** *We ask the ushers to please stand up, come forward immediately and hand out the Invitation forms and pencils to all adults, young adults, and youth. Ushers, please be sure to give these to the members of the choir, lectors, etc. so that no one will miss or be left out. In a few minutes, at the end of my talk, I will again ask the ushers to collect your completed forms (along with the second collection); so please fill them out now as I speak.*
- We invite all of you who are not already signed up for an hour each week to do so at this time. This would include those who are new in the parish, those who may have been signed up in the past but had to drop out for any reason and are able to participate again, and those who have not signed up yet.
- Scheduled adorers who are already signed up and are spending a specific hour each week in adoration, need not sign up again today, unless you would like to take an extra hour. This appeal today is for new adorers.
- [At present, only around X% of parishioners at this parish are signed up.]
- Our Lord is waiting for each one of you to come and enjoy spending some quiet time with Him and so our perpetual adoration can be sustained.
- **[HERE INSERT ONE OR TWO PERSONAL TESTIMONY SENTENCES SUCH AS]:** When I was invited to make a Holy Hour many years ago, it helped me to experience and know God's love and mercy more personally. Our Lord gave me the great graces of attending daily Mass and making one or more daily or weekly holy hours.
- [We are blessed here at this parish to have an adoration chapel. The Lord is very pleased with the many sacrifices that you make to keep your holy hours of adoration. But to sustain a strong and lasting program of adoration here we need more scheduled adorers.]
- We need all the adults, young adults and youth in the parish to be willing to spend just one hour once a week with Jesus so that every hour will be covered, with at least one person present in the chapel at all times. Then the chapel can remain open, and together as a people of God, we will express their faith and their love in the Real Presence of Jesus in the Blessed Sacrament.
- **[THESE WERE SPECIFIC DETAILS FOR ONE PARISH'S PERPETUAL ADORATION RENEWAL SIGN-UP:** *We are so grateful to every scheduled adorer and substitute that we have been able to have adoration here for [so many or #] years. The current days and hours with exposition are _____. We currently only have approximately 70 people covering X# (105?) hours. Night hours are currently especially an issue with only 9 Adorers covering 4 nights, that's 24 hours, between Midnight and 6am. One Adorer is very generously covering 6 night hours in total, however he has to drive half an hour to get to the chapel, so we are concerned and need more people. Approx 21 hours need to be filled, currently only one adorer scheduled per hour. We also like to try to*

schedule 2 adorers where possible per hour to ensure coverage. Expanding hours or days would be wonderful, but our current focus is to bring more people into the chapel.]

- The world needs our prayers for the salvation and sanctification of souls.
- As many of you know, exposition of the Blessed Sacrament is a special experience of God's Real Presence. It is a foretaste of Heaven and takes place when Jesus in a consecrated Host is taken out of the Tabernacle, and placed in a sacred vessel called a Monstrance, usually on the Altar.
- The great privilege of having adoration in a parish, comes with a responsibility.
- The Church requires that at least one person must always be present, to ensure that Jesus is never left alone, because He is exposed and vulnerable.
- **During your hour you can** sit quietly, enjoy being in His Presence, rest, read and pray silently. *You can close your eyes and love Him and be loved.* You can adore, praise and thank Him, make reparation for sin, lift up concerns, needs and special intentions; and be comforted, safe and secure in His love.
- We can have personal conversations with Him; find answers to our questions, solutions for our problems and make resolutions to improve.
- Our goal is to schedule at least 2 people per hour, so that there will be a backup in case someone can't attend. There is also a substitute system; or a friend, family member or neighbour can fill in.
- Teachers and others can bring students and children to adoration.

WHY ARE WE CALLED TO ADORE?

- Jesus is calling and wants each of us, of all ages, to adore Him.
- Jesus promised: "Behold I am with you always, even to the end of the world".
- In the amazing gift of the Eucharist, we have the continuing Presence, love, and power of Our Lord – still with us today!
- Jesus' calls us from Gethsemane: "Could you not keep watch for one hour with Me?... Pray that you will not enter into temptation."
- Pope St. John Paul II said: "Jesus waits for us in this Sacrament of Love!" Jesus waits for *you*!
- Jesus said to St. Margaret Mary: "I *thirst* with an ardent thirst to be loved in the Blessed Sacrament." Jesus *thirsts* for *your* love!
- Jesus said: "Come to Me **all** you who labour and are heavily burdened, and I will give you rest."
- St. Alphonsus Ligouri said: "Of all devotions, that of adoring Jesus in the Blessed Sacrament is the **greatest** after the Sacraments themselves, the one most pleasing to God and most beneficial to us."
- There are reports of the many benefits, prayers answered and miracles experienced by weekly adorers on the website: www.perpetualeucharisticaadoration.com
- God gives us 168 hours a week – would you be willing to give just **one hour** back to Him? Committing to a scheduled hour, helps us to be faithful and pray.
- St. Mother Teresa said: "The *best* time you will spend on earth, is the time you spend with your *Best* Friend, Jesus in the Blessed Sacrament." ☺
- *[Time is running out. Souls are being lost.]*
- So, please try adoration, God does not disappoint.
- St. John Bosco said: "If you want many graces spend much time in Adoration".

[OPTION 1 SIGN UP INSTRUCTIONS (IF USING FORM LISTING THE 4 TIME DIVISIONS)]



Invitation to Perpetual Eucharistic Adoration

Yes, I am willing to spend one hour once a week with Jesus,
Who is truly present in the Blessed Sacrament.

Name: _____

Telephone: _____

Email: _____

Please put a check mark beside the time(s) of the day you prefer:

☐ Morning (8 a.m. - noon)	☐ Evening (6 p.m. - midnight)
☐ Afternoon (2-4 noon - 6 p.m.)	☐ Night (midnight - 6 a.m.)

If you are willing to be a coordinator to help us to organize Eucharistic Adoration, please put a check mark in
this space: ☐

- My dear brothers and sisters in Christ: The way we organize perpetual adoration is to call you on your phone to find out what day and hour are best for you.
- ***[IF NOT ASKED AT THE BEGINNING OF THE TALK NOW SAY:] For that reason, invitations will now be given to everyone. We ask the ushers at this time to please hand out the invitations and the pencils.***
- We pray and ask Our Lady to guide us.
- We ask everyone in this parish to fill out the invitations [that the ushers handed out to you at the beginning of my talk] now please, because we will be organizing Eucharistic adoration this week, and we need to know how many people will be participating before we can begin.
- All we need on the invitations are your name and telephone number and email if you have one, and somebody will call you on the telephone to find out the day and hour that you want.
- *If you think that you know right now the day or days of the week that you would like to spend your hour, on Question 2 of the invitation, you can note those days.*
- *If you think you might know the hours, you can put a check mark in front of the time frame.*
- *[Remember, Father X has asked and since this is a small parish, we need and encourage everyone to please sign-up for **two** hours a week if possible ".]*
- Please keep in mind that we need people for all the hours, and whatever hour you choose is most pleasing to the Lord. If we don't get enough adorers for these hours, then we can't [continue to have] perpetual adoration.
- If you do not know right now *the day or hour* of the day that you want to spend your time with Our Lord, then you can just leave that blank because somebody will be calling you anyway to find out the days and times that you want.
- I would like to ease your mind by saying that you can change your day and your hour anytime you want to. And if in any particular week you have a conflict in your schedule and you're unable to make your holy hour, please don't worry about it because we will have a substitute system. This is not to put a burden on you. Rather it is to take all the burdens off you.
- The last section on the invitation is an appeal to help organize perpetual adoration. The success of this endeavor in the Church today depends on lay responsibility. *For perpetual adoration to succeed, we need a team of coordinators, usually it takes 24 captains. The job involves making a few telephone calls. We also need an adorer scheduling database manager and chapel librarian.*
- *If you think that you might like to be a coordinator please put a checkmark at the end of the sentence on the bottom of your invitation.*
- (There will be a coordinators' meeting on [DATE MONDAY evening at 7:00 p.m.] in [the parish hall, meeting room] for the purpose of organizing perpetual adoration. At that meeting the role of a coordinator will be thoroughly explained. That's [MONDAY] evening at 7:00 p.m. in the parish hall [meeting room].)
- *After you're finished filling out the invitations, please hold on to them until after Holy Communion. After Communion the ushers will come around to collect the invitations and the pencils. Please do not put them in the regular collection at Offertory time but wait for the special collection for them after Holy Communion.*

Conclusion: Thank you for your wonderful response to God's call! You are being invited to have a personal visit with the King of Kings, the Lord of Lords, our Sweet Saviour Jesus Christ, the Healer and Doctor of our souls, Who loves you. *Venite Adoremus! O Come let us adore Him. Amen.*

[OPTION 2 SIGN UP INSTRUCTIONS (IF YOU ARE USING A FORM LISTING DAYS AND HOURS)]

To meet

Invitation

From Jesus to spend one hour per week with Him in Eucharistic Adoration

You will spend one hour per week with Jesus.

Through Jesus

Name _____

Telephone (preferred) _____ Landline _____

Email (if available) _____

Address (if known) _____

Indicated Days and Hours (If you know yet, because we will phone you to confirm or select)

☐ Monday	☐ 6am - 7am	☐ 7am - 8am	☐ 8am - 9am
☐ Tuesday	☐ 6am - 7am	☐ 7am - 8am	☐ 8am - 9am
☐ Wednesday	☐ 6am - 7am	☐ 7am - 8am	☐ 8am - 9am
☐ Thursday	☐ 6am - 7am	☐ 7am - 8am	☐ 8am - 9am
☐ Friday	☐ 6am - 7am	☐ 7am - 8am	☐ 8am - 9am
☐ Saturday	☐ 6am - 7am	☐ 7am - 8am	☐ 8am - 9am
☐ Sunday	☐ 6am - 7am	☐ 7am - 8am	☐ 8am - 9am

☐ We skip one hour in the hour - just put me when I am needed most.

☐ I am willing to help organize coordinate the adoration.

- My dear brothers and sisters in Christ: The way we organize perpetual adoration is to call you by telephone to find out what day and hour are best for you.
- **[IF NOT ASKED AT THE BEGINNING OF THE TALK NOW SAY:] For this reason, invitations will now be given to everyone. We ask the ushers at this time to please hand out the invitations and the pencils.**
- We ask everyone in this parish to fill out the invitations [that the ushers handed out to you at the beginning of my talk] now please, because we will be organizing Eucharistic adoration this week, and we need to know how many people will be participating before we can begin.
- All we need on the invitations are your name and telephone number and email if you have one, and somebody will call you on the telephone to find out the day and hour that you want.
- *If you think that you know right now the day or days of the week that you would like to spend your hour, or you may be available - on the invitation, you can put a check mark in front of those days.*
- *If you think you might know the hours, you can put a check mark in front of the hours.*
- ~~[Remember, Father X has asked and since this is a small parish, we need and encourage everyone to please sign-up for two hours a week if possible -]~~
- Please keep in mind that we need people for all the hours, and whatever hour you choose is most pleasing to the Lord. If we don't get enough adorers, then we can't have the adoration.
- If you don't know right now *the day or hour* of the day that you want to spend your time with Our Lord, then you can just leave that blank because somebody will be calling you anyway to find out the days and times that you want.
- I want to ease your mind by saying that you can change your day and your hour anytime you want to. And if in any particular week you have a conflict in your schedule and you're unable to make your holy hour, please don't worry about it because we will have a substitute system. This is not to put a burden on you. Rather it is to take all the burdens off you. At least 2 adorers are scheduled per hour to provide thorough coverage and backup.
- The last section on the invitation is an appeal to help organize the adoration. The success of this endeavor in the Church today depends on lay responsibility. *For perpetual adoration to succeed, we need a team of coordinators, usually it takes up to 24 captains. The job involves making a few telephone calls occasionally. We also need an adorer scheduling database manager and a chapel librarian.*
- *If you think that you might like to be a coordinator please put a checkmark in front of the last sentence on the bottom of your invitation.* There will be a coordinators' meeting AT A CONVENIENT TIME TO BE DETERMINED for the purpose of organizing adoration. At that meeting the role of a coordinator will be thoroughly explained.
- *After you're finished filling out the invitations, please hold on to them until after Holy Communion. After Communion the ushers will come around to collect the invitations and the pencils. So please do not put them in the regular collection at Offertory time but wait for the special collection for them after Holy Communion.*

Conclusion: Thank you for your wonderful response to God's call! You are being invited to have a personal visit with the King of Kings, the Lord of Lords, our Sweet Saviour Jesus Christ, the Healer and Doctor of our souls, Who loves you. *Venite Adoremus! O Come let*

[OPTION 3 SIGN-UP INSTRUCTIONS (IF VOLUNTEERS HAND OUT SIGN-UP CARDS WITH PENS ATTACHED AT ALL ENTRANCES BEFORE MASS & COLLECT THEM AFTER MASS)]

- When Jesus is exposed in the monstrance on the altar here it is a call to me and to everyone to come to visit him, to adore, to pray, to bring all our concerns, our worries about family and our loved ones to Him who has the power to heal, to strengthen, to give peace in all circumstances of life, because he became Eucharist for me. He suffered and died on the Cross to become Eucharist for you, for all of us.
- That is why everyone was handed those cards as you entered the church today.
- Dear friends I would be most grateful if you could take them in your hand now to look at them as I explain them for this parish. [I will give you a moment to find them [PAUSE]:
- While you are completing the form, I would like to quote what Pope St. John Paul II said during Adoration in 1982: “Your faith will help you realize that it is Jesus who is present in the Blessed Sacrament, waiting for you and calling you to spend one special specific Hour with Him each week”.
- Notice at the top there is the word Invitation. That is an invitation from Jesus to you, to each person to come spend just one hour each week with him, not out of compulsion but out of love.
- Firstly, and most importantly, please write, or print clearly, your Name and phone number so that you can be contacted about and to confirm your hour when we are organized.
- [We would like Adoration to start at (10 am) until (10 pm) and so these times are listed on your Invitation]
- [SAMPLE RENEWAL: Adoration begins after 10 am on Fridays here. 4pm will be the last hour to finish at 5pm. Also, now one hour on Thursdays and Saturdays after the 10am Mass.]
- If you prefer a particular hour, CHECK THE APPROPRIATE BOX [from 10am -5pm].
- You can CHECK any number of hours when you would be available. Give us options. But you will be allocated for only one hour in the week in a little team of 3 or 4 people (if enough sign-up).
- If you would prefer a morning hour select one of the boxes there in the morning section.
- If you would prefer to have an afternoon hour, select a box in the afternoon section.
- If an evening hour suits you best, then check a box in the evening section.
- If you already know, select whatever day or days listed on the form suit you best.
- If you are flexible and any day will suit you then and if you don't want to select a day and we will slot you into a day you are most needed (or call you to confirm which day and hour you want).
- If only a particular day suits you then select that day.
- If you don't know yet which hours or days, someone will call you to confirm your preference.
- For those whose time is free or flexible, select the box so we can slot you in for a time you are needed most.
- If you are willing to help to organize adoration and set up the new schedule, please check that box and you are invited to a meeting for coordinators on [Thursday in the Prayer Room at 11.30 after the hour of adoration] . [If you are unable to attend, you can still check the box to be part of the organizational team.]
- After Mass, please hand the cards and pens to the people at each door. Please don't leave them on the seats. [If collecting during Mass ask the ushers to come forward immediately to collect the completed forms and pens now.]
- ~~[Take a moment now and, after Communion, Father will give you a little time, and reminder, to complete your card.]~~
- If anyone needs any help filling out the card (you forgot your glasses or something) or if you want any further information, there will be someone at the door of the church after Mass.

It was a great honour to have the privilege of speaking here to you today. So, thank you Father and Thank you for your time and attention.
- My final prayer is that the Eucharistic Lord may pour out many blessings on all of you, on our Bishop and all the wonderful priests here. No Priest, no Eucharist.
- In the Name of the Father and of the Son and of the Holy Spirit. Amen.

SAMPLE LAY ADORATION START-UP, EXPANSION OR RENEWAL SIGN-UP TALK #2

- Thank you, Father _____, and the other priests here, for the invitation to speak to each person in this parish about Eucharistic Adoration at all the Masses this weekend.
- It is a great privilege and an honour to do so.
- My name is _____? [**only if Priest doesn't mention your name**]
- [I have been sent here by the Diocesan Adoration Committee [if diocese has one]. The purpose of the Apostolate of Eucharistic Adoration is to set up a system of **viable weekly adoration** of Jesus, truly present in the Blessed Sacrament, [in every parish of the Diocese and in those **where already established**, to strengthen it or expand it.]
- **[DUE TO TIME CONSTRAINTS, INSERT ONLY 1-2 SENTENCES OF PERSONAL TESTIMONIAL i.e.: When I was invited to make a Holy Hour many years ago, it helped me to experience and know God's love and mercy. Our Lord gave me the great graces of attending daily Mass and making one or more daily or weekly holy hours.]**
- The Mass is the greatest act of Adoration and as Pope Benedict so often said '*Adoration flows directly from the Mass and extends and intensifies all that takes place in the Mass*'.
- Let us all pray at this Mass that the Holy Spirit will touch the hearts of many people here today to have the courage and generosity of Spirit to say **yes** to the invitation to spend time each week in Eucharistic Adoration.
- A priest who has perpetual adoration in his parish, calls adoration "**the engine room**" and powerhouse of the parish.
- That is what it is in every parish where adoration takes place.
- **Jesus waits for us to come so He can pour out His love, mercy, graces and blessings on us.**
- **[ONLY IF THIS IS AN ADORATION RENEWAL/REVIVAL SIGN-UP:]**
 - We are blessed here at this parish to have an adoration chapel. The Lord is very pleased with the many sacrifices that you make to keep your holy hours of adoration. But to sustain a strong and lasting program of adoration here we need more scheduled adorers.
 - You have adoration here **[every Friday from after 10am Mass until 5pm]**. Also, for one hour on Thursdays and Saturdays after the 10am Mass.]
 - I would like to commend those who are adorers already, who come faithfully to their committed hour each week.
 - I would like to **congratulate and affirm** the many people in this parish who are so loyal to their hour each week with the Lord in Eucharistic Adoration.
 - You make it possible for all others to visit, and you are doing a great service to the church here.
 - You are powerful witnesses to the Real Presence of Jesus in the Blessed Sacrament.
 - Pope Paul VI said: "**Adoration extends its influence far beyond the individual adorers, touching their homes and families and reaching out to the parish community and beyond.**"
 - It is a great privilege to have Eucharistic Adoration in a parish, but with **that privilege comes a responsibility** to make sure that the exposed Blessed Sacrament is never left alone.
 - **Over time a number of people** who did weekly Adoration in the parish have moved.
 - Others have commitments that prevent them from continuing and others are sick or have become too old to attend.
 - Therefore, we **need extra people, more new people** from this community to take their place and to make sure that this great tradition of Adoration is kept strong and handed on to future generations. **This is an outreach weekend for new people** to join the adoration team here.

- For those who visit to adore for a short time this is an invitation to you to extend that to an hour.
- **[SPECIFIC DETAILS FOR ONE PARISH'S PERPETUAL ADORATION RENEWAL SIGN-UP:** *We are so grateful to every scheduled adorer and substitute that we have been able to have adoration here for [so many or #] years. The current days and hours with exposition are _____. We currently only have approximately 70 people covering X# (105?) hours. Night hours are currently especially an issue with only 9 Adorers covering 4 nights, that's 24 hours, between Midnight and 6am. One Adorer is very generously covering 6 night hours in total, however he has to drive half an hour to get to the chapel, so we are concerned and need more people. Approximately 21 hours need to be filled, currently only one adorer scheduled per hour. We also like to try to schedule 2 or more adorers where possible per hour to ensure coverage. Expanding hours or days would be wonderful, but our current focus is to bring more people into the chapel.]*

THE CALL TO ADORATION

- Before returning to the Father, Jesus promised to remain with us always *"Behold I am with you always, even to the end of the world"*.
- In the "amazing" gift of the Eucharist, in the Blessed Sacrament, we have that continuing presence, love and power of Jesus Christ – still with us today!
- The call of Jesus **from Gethsemane was for an hour**: The last thing Jesus asked His disciples in the garden of Gethsemane was: "Could you not watch one hour with Me?" [as you can see on our banner here.]
- He is asking the same of us today.
- God gives us 168 hours in a week – the Lord is asking for only one of them to come and keep him company. Could we not give **one hour** back to him?
- **The aim is** to have a **continuous vigil** before the Blessed Sacrament, so that 2 to 5 people who have committed to an hour are appointed to each hour to ensure that Jesus is **never left alone**, never unattended during this time, yet each person is only committing to spend one hour each week.
- This continues throughout the year.
- [IF NOT ROUND THE CLOCK: Imagine, if you will, [beginning at 6am], two to **four parishioners** will **spend one hour – each week**, to sit quietly, rest, read or pray before Jesus in the monstrance. Then at 11am, new parishioners **take their place**. This continues until the Adoration stops [say 10pm]. If enough people sign up today, this Parish would like to have adoration on _____[list days].
- It will change your life forever for the better as you come to know Him more intimately you will experience his peace and his love for you.
- You will be part of a team of people, so do not be afraid to commit to a particular hour. It is the commitment that brings great blessings. This is the Lord's hour with you.
- If there is a week you cannot attend, with other people are scheduled per hour, there will be someone there to cover your hour.
- There will also be a substitute list of people to call on or better still, you may want to ask a friend or a family member to stand in for you to draw them closer to the Lord through encountering Him in Adoration. You may be giving them the great gift of a life-changing experience.
- An adorer asked her son to stand in for her one week. He was not even attending Mass on Sundays but since then he has never missed any Sunday Mass any week. Another man I know who home on holidays was visiting his parents. They do an hour adoration each week, but one week they could not go, so they asked him to fill in for

them. Though brought up in the Faith, he said he was not particularly religious, but he went as a favour for them. During that hour, he was shown that God wanted him to become a priest.

- Absolute miracles happen when people come before Jesus's Real Presence. There are many books written on that, but there is not time to go into here now.
- [For those new to adoration, there will be leaflets and booklets with suggestions as to how to spend the hour. But you are totally free to spend it as you wish, you can just sit in silence.]
- We would like to emphasize the importance of just sitting in silence and communicating with the Lord heart to heart, listening to what he reveals to you in your heart. You can find Him in silence. That is God's language verified by many saints of the church.
- **Jesus promised that he would be with us even to the end of time.** It is in the Eucharist that we have that Real Presence, Body, Blood, Soul and Divinity of Christ.
- A priest led on pilgrimage to Rome and the shrines of Italy, which included Lanciano the place of a Eucharistic miracle in 750 AD. The priest there at the time was having difficulty believing in the Real Presence of Jesus in the Eucharist. Offering Mass one day When he got to the part of the Eucharistic prayer where He said: "This is My Body, this is My Blood given up for you."
- To His utter amazement the bread and wine turned to actual flesh and blood before his eyes. When examined afterwards it was discovered to be muscular heart tissue from the left ventricle the part the blood passes through to be purified before being circulated through the body again. The blood coagulated into 5 distinct parts representing the five wounds of Christ.
- It was discovered to be type AB the same as the Shroud of Turin the cloth believed to be the burial cloth of Jesus. And 1275 years later that miraculously still remains living flesh and blood to this day.]
- We have been given at least [another] 150 Eucharistic Miracles down through the ages to assure us of His Presence with us.
- These were documented on a website by a young teenager who died at the age of 15 in 2006. He was canonized St. Carlo Acutis, the first Millennial saint.
- Though it is a great experience to visit these sights of miracles, we don't need to go to Lanciano to experience the Real Presence of Jesus in the Eucharist, He is with us in every tabernacle and Monstrance.
- **Jesus promised that he would be with us even to the end of time.**
- It is in the Eucharist that we have that Real Presence, Body, Blood, Soul and Divinity of Jesus.
- This call is to each of us here. For **each of us has needs and concerns: Parents and Grandparents** – share a concern for their children. **Many Adults** are concerned about future employment, about paying the mortgage, stress, addiction, grief, sickness ...etc. **Young Adults** here – face critical life decisions. **The good news is this**, we can bring every concern and every need we have to Jesus, who is God. *"Come to Me **all** you who labour and are heavily burdened, and I will give you rest"* – Jesus tells us.
- *St. John Paul II put it so well when he quoted St. Alphonsus Ligouri, who said "Of all devotions that of adoring Jesus in the Blessed Sacrament is the greatest after the Sacraments themselves, the one most pleasing to God and most beneficial to us."*
- *Weekly adorers report amazing graces and blessings.*
- *So please try Adoration yourself you won't be disappointed.*
- *As St John Bosco used to say, **"If you want many graces spend much time in Adoration."***

[DELIVER THE SIGN-UP INSTRUCTIONS NOW: OPTION 1, 2 OR 3.]

SAMPLE ADORATION HOMILETIC PROMOTING NIGHT HOURS

If a lay person will deliver a sign-up talk during the Masses on your Adoration sign-up weekend after Holy Communion before the Final Blessing, we suggest a 5-minute sermon, to allow enough time for the lay talk/sign-up.

After Holy Communion, when clergy finishes purifying the sacred vessels, he invites the lay speaker:

"I now invite our [name of speaker/adoration coordinator] to speak. I encourage everyone to sign-up for weekly holy hour today!"

Important sermon talking point:

"This weekend we are having our very important Eucharistic adoration sign-up. I am inviting _____ to speak after Holy Communion. We would like 100% of parishioners to take a weekly hour of Eucharistic Adoration. During the talk, please be sure to fill out a form and sign-up today for a weekly holy hour."

Sample sermon talking points (or see other sample sermons in our online portal):

I would like to say a few words about the benefits of adoration during the Night Hours.

The advantage of having a chapel open all the time is that everyone can participate because everyone can find at least one hour a week to spend with Jesus. And whatever hour you choose - morning, afternoon, evening or night - is most pleasing to the Lord. And we need adorers for all the hours. But the hour that we need people the most is one of the night hours, between midnight and 6 a.m., because those are the hours that it is most difficult to find volunteers for. So those who can, we ask you to please help us out and sign up for one of these difficult hours today.

For those willing to make this sacrifice and take one of these hours in the middle of the night: God will bless you for doing so. It was in the middle of the night that Jesus asked for His first holy hour of prayer, when, during His agony in the garden, He began to sweat Blood at the realization that the gift that He had just given to us on Holy Thursday night, the complete gift of Himself in the Eucharist, would be appreciated by so few and be rejected by so many.

Then Jesus saw before Him in the garden every holy hour of prayer that would be made by those who would love Him so much as to be willing to make a sacrifice and keep Him company, even in the middle of the night. This made up for the grief and agony He felt. For then He knew that His love would be returned. For He was about to make for us the greatest sacrifice of all, whereby He said: *Greater love than this no man has, than to lay down his life for his friends.*

Sacrifice is the language of love. Through Christ's perfect sacrifice on the Cross, we have the Holy Sacrifice of the Mass. Good Friday follows Holy Thursday because Good Friday is the price Jesus paid to institute the Eucharist on Holy Thursday night. He gave up His Body on the Cross for love of you that today He may give you His Body in Holy Communion. When we receive Communion what we receive is not bread, but the very Body, Blood, Soul and Divinity of Our Savior, who shed His very last drop of Blood on the Cross that today He may fill you with the fullness of His divine life and love in this Holy Sacrament.

By being willing to spend an hour each week with Him in the middle of the night – we can console and comfort Him Heart for those who do not know Him or love Him, and wins countless graces for the whole world to return to Him.

Through the power of the Eucharist, Christ will draw all mankind to Himself. Your sacrifice releases His power upon the whole world. For Sacred Scripture tell us that it is the faith of man that releases the power of God. Jesus turned around and said: *Who touched me because I felt power coming from me?* Those who are willing to make a sacrifice and come to Jesus in the middle of the night touch His heart and release His power, His grace and His healing love upon all humanity.

Why is Adoration during the night so special? God never sleeps. Laity around the world, monks and nuns rise during the middle of the night to keep watch with Our Lord in prayer of Eucharistic adoration. He speaks to and inspires our hearts when we make sacrifices to seek His Presence and spend time with Him in the quiet stillness of the night.

Many adorers actually prefer the overnight hours in the chapel or church as it is a time that offers great spiritual intimacy. Some go to bed early on the night of, or the night after, their hour. St. Pope John Paul II spent hours every week in nocturnal adoration; which helped him to accomplish so much good.

God has never stopped honouring the shepherds and the magi for their humble sacrifice of honouring His Son in Bethlehem. Their long journey is praised in Scripture and around the world in every church and Christian home at Christmas; they are included in every Nativity scene. In the Blessed Sacrament, Jesus comes to us even more humbly than He did before. That is why your sacrifice will give God great glory.

Nocturnal adoration has also been described in the article, [Nocturnal Adoration – Where the Milk and Honey Flows](#) by Elizabeth Scalia, as an experience of ... A silence and stillness that is astoundingly rich. A silence that is not emptiness, but fullness. A silence that is vibrant and resonant. A silence that is utterly alive and enormously instructive. A silence that is robust; it rebuilds and feeds. A silence full of milk and honey.

[After Holy Communion after the priest finishes purifying the sacred vessels:

“I now invite our adoration coordinator to speak. I encourage everyone to sign-up for weekly holy hour today!]