

EUCCHARISTIC or PERPETUAL ADORATION

WAYS TO ATTRACT MORE OR NEW ADORERS FOR START-UP, EXPANSION OR RENEWAL/REVIVAL

For more info. or assistance contact us at: www.perpetualeucharisticadoration.com



- 1.) Make **pamphlets** on Perpetual Eucharistic Adoration available at the church entrances and in the PEA chapel and in neighbouring parishes for people to take and read. These are inspirational and motivational in encouraging people to sign-up for a Holy Hour. They make wonderful parish bulletin inserts for inviting new adorers.
- 2.) **Eucharistic books** can also be placed in the chapel to aid inspiring more adorers.
- 3.) Place Eucharistic Adoration **posters** in your parish and in neighbouring parishes. These attractive posters are inspirational and motivational. There are blank spaces in some of the posters to write in the location of the chapel, as well as the name and person to call to sign-up for an hour.
- 4.) Make **appeals at neighbouring parishes**. Have the parish priests, a missionary, Eucharistic priest, lay evangelist or head coordinator speak at nearby parishes to make an appeal.
- 5.) If this is not an option, **show a PEA/Eucharistic video** at a parish meeting or gathering before the sign-up or at some other time to inspire more adorers. The presentation would be followed by a discussion period and people should be invited to sign-up for a Holy Hour of adoration at that time.
- 6.) **Use all parish organizations** (e.g. the Legion of Mary, Altar Rosary Society, Knights of Columbus, Youth Group etc.). They can invite members and parishioners to sign-up for a Holy Hour. Appeal to them regularly to see if they or their members can take a specific hour every week.
- 7.) **Personally approach and ask people**. Go to the chapel during any vacant hour that has people dropping in to cover the hours. Approach and invite them to Sign-Up. Ask all people who attend daily Mass to take an hour.

8.) Network. Call friends, acquaintances and other parishioners, Find those in other parishes that are interested in PEA and ask them to contact others whom they think may be interested in signing up for a weekly Holy Hour. Be sure to have an appeal prepared before you call.

9.) Promote at Christmas and Easter CNE

- **Send out seasonal invitations.**
- At Christmas time, for instance, you can ask people to pledge an hour a week with Jesus as a birthday gift to Him or as a gift for others.
- Easter, Corpus Christi, Christ the King and other Holy/Feast Days are also good times for inviting new adorers.
- Ask the parish priest to **make an appeal to invite everyone** in the homily from the pulpit.
- The head coordinator could have it printed in the parish bulletin and make an announcement.
- Since many Catholics (and sometimes non-Catholics) who are not practicing often attend CNE Masses, this is an ideal time to promote and invite people to your chapel either to Sign-Up or visit anytime.

10.) Host a Renewal/Booster Sign-Up weekend/mission

- Copies (same number as bulletins) of the Invitation to a Weekly Holy Hour will be handed out with pre-sharpened golf pencils and collected at all weekend Masses. We adapt our methods according to local Covid-19 protocol to include online, website, text, telephone and other ways of signing-up.
- An inspiring Sign-Up homily or testimony will be given by a visiting Eucharistic priest or lay evangelist or your parish priest, along with the Sign-Up Instructions (i.e. posted on our website). Contact us for a sample sermon (or lay sharing with the sign-up instructions to be delivered after Holy Communion during Mass).
- More sample homilies can be provided upon request. For more information or help to organize this in your parish please feel welcome to contact us.
- Ask people who have signed-up if they would be willing to **sign-up for more than one hour or as a substitute** in addition to their Holy Hour.
- You may want to consider inviting some people to take a daily, weekly or monthly holy hour. Be careful that someone does not try to take on too many hours, as it can be difficult to fill them if they can no longer continue.
- Try to double up adorers (even up to four) on hours when possible to make sure you have enough back-up in case someone can't make it.
- Many enjoy the great privilege of being alone with Jesus in the chapel. Having two adorers can provide a back up not requiring a substitute however.

11.) Eucharistic Morning or Evening of Recollection

- Have an evening or hour of Recollection, with exposition, a Rosary, Consecration the Our Blessed Mother and some Eucharistic reflection given the pastor, visiting clergy, religious, or lay evangelist.
- This is not necessary but would be a great extension of your renewal mission, and can take place after the Sign-Up.
- Confessions could be made available at this time. If you want us to help to provide or organize this, let us know.

12.) Regular Explanation of traditional Church teaching on the Eucharist

Preaching and homilies

- The parish priests should preach and the parish should regularly provide **proper catechesis and orthodox teaching** on the center of our Faith, the Eucharist.
- The faithful example and words of the parish priest as an adorer himself will inspire others.
- Priests who make a daily holy hour will have special graces.

Parish bulletin and Website

- Print excerpts from the basic Catholic Catechism, traditional Doctrine on the Eucharist and other inspiring quotes on Eucharistic Adoration in the parish bulletin.
- Have a regular Perpetual Adoration section in the bulletin just for adoration quotes. This can be done on a monthly, weekly or occasional basis.

13.) Have Benediction After Daily Mass with 5-15 minutes of Adoration

- This would help to raise awareness of the Real Presence of Christ.
- It would help to convert those who need to be strengthened in the Faith or no longer believe.
- Many Catholics have never had an experience of Benediction. Jesus will heal people when He is lifted up and blesses everyone.
- This can grow into a daily holy hour for parishes that do not have an adoration chapel already.

14.) The Family that Prayers Together Stays Together

Ask and encourage every family in the parish to **take at least one weekly family holy hour**. This will save marriages and families.

15.) Use Information Technology More

16.). Create an email list of all your adorers. This is one benefit of doing a

renewal/booster Sign-Up – mention that you need existing adorers to provide and update their name, phone number, email etc.

17.) Email out requests for adorers and vacant hours. You could create an internal or public community adoration chapel website to link adorers.

18.) Your Parish Website Promoting Eucharistic Adoration

- Make sure your adoration/chapel is well advertised on your parish website, with days, hours, location of adoration and how to sign-up clearly noted.
- Add an Online Sign-Up feature on your parish website.
- Vacant hours needing a replacement can be published on the website (and in the parish bulletin and in an announcement).
- Add more orthodox online adoration materials to your website. Include some inspiring information and catechesis on adoration and the Eucharist.
- Non-practicing Catholics and existing parishioners can become catechized and drawn to adoration through your website. Those who don't step foot into a church probably have access to the Internet and it's a method to attract them to adoration.
- Ask if your diocesan website can have an adoration section to list and feature your perpetual adoration chapels and parish adoration sites including the days and hours of exposition, so people can find it.
- With your pastor's permission, make an Online or other video featuring your chapel, that could be posted on your parish website.
- Use of other social media such as an in-house community website, Facebook etc.
- Under the heading Coordinator Resources, there are some neat samples of what other adoration chapel websites are doing:
<https://perpetualeucharisticadoration.com/coordinator-resources/>

19.) Testimonials on How Adoration Has Benefited People in the parish

- One idea is to see if coordinators and adorers want to write (anonymously or with first name etc.) or speak about how adoration has blessed their life etc.
- This could be submitted in writing advance to pastor or head coordinator to review.
- It could end up being something to renew and maintain interest in your chapel (i.e. in the bulletin, a meeting, a brief address before Mass starts or after Holy Communion around announcement time).
- The coordinator could have adorers do this at Mass (before, after or announcement time before dismissal) on a regular or occasional basis.
- Certainly not all adorers are comfortable in doing this, so no pressure would be exerted. If this is not something that suits your parish you can just try other things. It would have to be monitored for orthodoxy.
- A testimony of favours granted could be noted with permission.

20.) Outreach to New Parishioners and Non-practicing Catholics

- Approach every new parishioner and convert and ask him or her if they would be willing to commit to a weekly Holy Hour.
- Have a personal Invitation made directly from the pastor or head coordinator.
- Making an organized effort to reach out to non-practicing Catholics in the parish boundaries who may be willing to visit the chapel and even commit to a holy hour is one way to draw them back to the Sacraments.
- Sometimes non-Catholics are visiting Jesus at their local adoration chapels.

21.) Calling Campaign – option 2 for recruiting adorers vs. paper & pencil sign-up

- Some parishes actually run round the clock adoration with only a very small percentage of eligible parishioners. For example, 11-17% or more covering 168 weekly hours or 168 families having a weekly commitment out of 1000 weekly parish bulletins. The potential is great if you want to make the effort to invite people personally.
- If the pastor approves, calls can be made from the parish office or on behalf of the parish, to eligible parishioners on your parish list that are not already committed to a weekly hour of adoration. This would be an invitation/appeal to ask them if they would like and are able to take an hour on be on your substitute list.
- You would have to say something like “I’m calling on behalf of X parish...” so they know that the parish lists have not been handed out to the public. The pastor could approve a set dialogue for what can be said or guidelines for how to respond to those who mention that they are not practicing.
- This is one way to be friendly, evangelize the parish neighbourhood and even invite lapsed Catholics to the chapel, where they can encounter the love and mercy of God.

22.) List of those who can provide Rides for Seniors

- There will be some seniors or people who would love to adore, but are not able to drive. You could start a list of people who would be willing to drive a senior to make an hour of adoration.
- See if the parish can provide or has people who want to volunteer for this ministry.

23.) Calling Campaign to Visitors who signed Adorer Log-in book

- Check your adoration sign-in log and parish lists to see if visitors are registered in the parish.
- Contact them to see if they are willing to take a weekly hour, or make a temporary commitment.
- Often those who start only as a substitute fall more in love with Jesus and then will want to take a weekly holy hour.

24.) Outreach to the schools and religion teachers

- Contact the local Catholic schools to see if they or their classes can take an hour on a regular basis.
- Some pastors have a holy hour in the school in the gym or chapel to give the students an experience.
- Ask the pastor to bring Jesus into the schools for adoration.
- This will form future adorers when they are old enough to commit to an hour or can go with their parents.
- Ask the teachers to sign-up.

25.) Door to door Adoration Invitation-Evangelization

- Under your pastor's guidance, go door to door in your parish with invitations to your chapel and parish.
- A copy of the parish bulletin could be given.
- The Legion of Mary could invite people they visit to adoration.

26.) Encourage the Development of Eucharistic Prayer Groups

Start and have special devotional groups or holy hours that meet at the adoration chapel. For example, here are some ideas:

Mondays – Holy Spirit – Worship and Praise Holy Hours

Tuesdays – Prayer to the Holy Angels (Opus Angelorum)

Wednesdays – Our Lady of Perpetual Help Devotions

Thursdays – Precious Blood Prayer Group

Fridays – Adoration for Life

Saturdays – Youth Group including Music – Happy Hour

Sundays – Children and Family Holy Hour – Rosary, Prayers to St. Joseph

27.) Show the Church approved photographic Vatican International Exhibition of *The Eucharistic Miracles of the World*

- [Directory of Eucharistic Miracles Custodians](#) - We may know someone near you who can lend panels for the Exhibit.
- Or download and use them directly from this link <http://www.miracolieucaristici.org/download.html> which includes translations into many languages. You can download all 4 tabs in any language and you could make your panels bilingual.
- Or, permission is also granted to download and show these; or simply present the information from and on our web page <https://perpetualeucharisticadoration.com/eucharistic-miracles>

These are only helpful ideas that you may want to try. Be careful not to place demands on or overload the pastor, but work under him to ensure that the laity is coordinating the chapel. This alleviates any extra stress for a busy parish priest.