



Photo of Eucharistic adoration taking place for one hour before all weekday Masses with priest present and available for Confessions for half an hour, established by Fr. Real Oulette at St. James the Less parish of the diocese of Pembroke. Courtesy of Fr. Real's YouTube channel.

### **PERPETUAL EUCHARISTIC REVIVAL THROUGH ADORATION IN EVERY PARISH AND SCHOOL**

The Eucharist is certainly “the source and summit of the Church’s life and mission” (*Lumen Gentium*, 11). Eucharistic spirituality “embraces the whole of life” (Pope Benedict XVI, *Sacramentum Caritatis*, 77-78). At the Last Supper, on the night He was betrayed, our Saviour Jesus Christ instituted the Eucharistic sacrifice of His Body and Blood (*Sacrosanctum Concilium*, 47). The Eucharist is the sacrament that Jesus Christ established when “He took bread, and when He had given thanks He broke it and gave it to them, saying ‘This IS My Body, which is given for you, Do this in remembrance of Me’ and likewise the chalice, saying, ‘This chalice which is poured out for you is the new covenant in My Blood.’” At the Holy Sacrifice of the Mass, when a Catholic priest follows this command of Jesus and offers the words of consecration, by these words of Christ and the invocation of the Holy Spirit, the bread and wine are permanently changed (transubstantiated), and they become Jesus: His Body, Blood, Soul, and Divinity (CCC 1333, 1373-76, 1406, 1410, 1412-1413). The Eucharist is Christ’s complete and personal gift of Himself to us under the appearances of bread and wine. He is present in this sacrament permanently.

Jesus, the Truth Himself, informed us: “I am the living bread that came down from heaven; whoever eats this Bread will live forever ... Whoever eats My Flesh and drinks My Blood has eternal life, and I will raise him on the last day. For My Flesh is true food, and My Blood is true drink” (John 6:51, 54-55). In his very first encyclical, Pope St. John Paul II reminded us that through the Eucharist, “each Christian receives the saving power of redemption” (*Redemptor Hominis*, 20). As Catholics, we have Real food for our souls - we receive and adore God in the Eucharist.

His Real Presence is abiding, and does not vanish after Mass. Hosts remaining after Holy Communion are kept in a tabernacle. During exposition of the Blessed Sacrament, a Host is placed in a sacred vessel called a Monstrance (CCC 1377, 1379) and at least one person must be present at all times. “The worship of the

Eucharist outside of the Mass is of inestimable value for the life of the Church. ... It is the responsibility of Pastors to encourage, also by their personal witness, the practice of Eucharistic adoration, and exposition of the Blessed Sacrament in particular, as well as prayer of adoration before Christ present under the Eucharistic species" (St. Pope John Paul II, *Ecclesia de Eucharistia*, No. 25). In addition to Mass and Holy Communion, we are called to adore the Eucharist, exposed in a Monstrance and before the Tabernacle. Eucharistic adoration is the practice of adoring God in the most Holy Eucharist.

The USCCB's National Eucharistic Revival, Pilgrimage and Congress is the beginning of a tremendous outpouring of the love of God in the Blessed Sacrament and Eucharistic revival in hearts, souls and minds. Jesus wants to continue to revive and heal us in a perpetual way, especially through faith, love, and worthy and frequent reception and adoration of His Real Presence in the Most Blessed Sacrament.

As an apostolate approved as a collaborator of the USCCB's National Eucharistic Revival, with many years of experience [promoting Eucharistic and perpetual adoration](#), we are delighted that almost every parish in the diocese of Wichita, Kansas reached round the clock adoration, except for a few with partial perpetual hours. Since Covid, some parishes reduced their hours, but every school still has adoration.

Wichita is a city of modest size (reported population of under 400,000 in 2020), where Catholics form a minority (under 100,000), with ninety parishes, thirty-four Catholic elementary schools, and the local diocese has only one bishop with no auxiliaries.

A long-time adorer from this diocese, Ronnie, helped start perpetual adoration almost forty years ago in 1986 at St. Francis of Assisi parish. A coordinator from another parish helped them to get it going. "It's like being in heaven for an hour, soaking Him in. If people would forget about all the reasons they can't go and just try it, once you try it you want it. The Holy Spirit puts that seed into your heart. It's a commitment... and people have responded to it. My hour is at midnight on Fridays. The original couple after my hour have had the same hour since 1986! With adoration, the parish got better and kept growing." Ronnie once spoke at a parish adoration renewal weekend at her parish. "Many of our parishioners have been adoring for an hour a week for almost forty years. Your hour is not just benefitting yourself; but helps towards the salvation of souls throughout the whole world."

#### **Bishop asked for adoration as part of parish Stewardship**

How was this enormous success achieved? There is a short video on YouTube of the late Bishop Eugene Gerber of Wichita diocese on "The History and Importance of Eucharistic Adoration in the Diocese of Wichita." He explains that there is no better connection we can make with Christ than in the Eucharist and Eucharistic adoration. As part of "stewardship," Bishop Gerber promoted adoration by asking people to come and invest in spending time in Eucharistic adoration and perpetual adoration spread as part of a natural progression.

Sandy, who promotes adoration for children in the diocese had originally thought that in the 1980's Bishop Gerber told every pastor that he was mandating perpetual or Eucharistic adoration in every parish. According to canon law, bishops can mandate adoration. Canon 387 states that the bishop is to give an example of holiness and is the principle dispenser of the mysteries of God. He is to seek in every way to promote the holiness of Christ's faithful. Sandy says, "The bishops need to require adoration in every parish!"

Another adoration coordinator who helped parishes in the diocese to start adoration confirmed that it wasn't mandatory. Other bishops were impressed and asked Bishop Gerber how he got perpetual adoration in so many parishes. At first, a visiting missionary priest helped with adoration sign-up weekends, but he became so busy with requests that he was unable to return. He gave a blessing to lay

persons to open more chapels on their own. They asked people to join them in praying and fasting or doing some type of mortification and visited parishes that wanted adoration sign-up weekends.

Bishop Gerber invited a few lay persons into his office to find out how they were opening so many chapels. He requested photos of every adoration chapel started. A photo album with three hundred photos was prepared and Bishop Nauman spoke about it on EWTN.

Ronnie links the success of getting adoration in all parishes also to their “stewardship” way of life. Parishioners are asked to donate their time, talents, and treasures and this includes volunteering to help with Eucharistic adoration. Her parish had double the amount of people needed for 24-hour adoration at their adoration sign-up weekend. When Covid was over they had even more adorers. Ronnie first heard about perpetual adoration in the diocesan newspaper when it featured a huge front-page article promoting the first parish in the diocese that started perpetual adoration. While reading the article, she and her husband became inspired and convicted that they needed to start perpetual adoration at their own parish.

### **Growth in number of priestly ordinations**

This small diocese had ten ordinations each year for two years in a row, from 2016-2017. Many there attribute this to the fact that they have perpetual adoration in every parish. They had to build their own seminary and currently have forty seminarians. Previously they have had over sixty seminarians. Since 1998, four priests of the diocese were ordained as Catholic bishops. Only one of those four bishops from Wichita is a native of the diocese. “I truly believe it is the adoration, it is time spent before Jesus that nourish their souls” says Sandy. Ronnie agrees and adds that before perpetual adoration began in the 1980s, the number of ordinations was low, only around two or three a year.

### **Parish Stewardship instead of government funded schools**

Before adoration began, the diocese started their parish “stewardship,” so that the diocese has full control over Catholic education. Without any government funding, the diocese has thirty-three Catholic schools offering free Catholic education. How can they afford that? Parishioners are asked to dig deep and tithe eight percent of their income to the church if possible and this stewardship pays for the Catholic education. A pastor in the diocese said he would give every penny back if they could not afford it. Parish stewardship and Eucharistic adoration are thriving. People are asked to give of their time, talents, and treasures. The result is that every parish has adoration and donations from parishioners of all parishes provides free Catholic education!

### **Adoration for children in every school**

St. Padre Pio said the prayers of children would save the world. We need adoration for children. Once perpetual adoration began in every parish, they started children’s adoration on the weekends but few parents were bringing their children, so they started adoration in the schools on weekdays. Since 2014, Children’s adoration began to take place at least once a month or weekly in every school. The principal and the pastor decide whether it will be weekly or monthly. A priest, teacher, religious, mother, volunteer or even a child can lead the adoration for children. All adult volunteers must obtain a police background check, and everyone receives training. Catholic schools have one day each week devoted to adoration. Students from kindergarten onwards receive thirty minutes of adoration at their school on First Fridays. A priest brings Jesus in a Monstrance and the whole school joins in adoration. On the second Monday of each month, a mother brings a classroom of students to the church for adoration. Since almost every parish there has perpetual adoration, the priest moves the Monstrance to the main body of the church when the students visit. The time of adoration ends with the Litany of the Sacred Heart.

**Our organization, known as "PERPETUAL EUCHARISTIC ADORATION" or "EUCARISTIC ADORATION"**

We would like to see adoration in every parish and every Catholic school worldwide. We help expand, maintain, and revive Eucharistic or perpetual adoration. We encourage clergy and laity to offer even just a daily hour of adoration with exposition. We promote the Eucharist, Eucharistic miracles, and daily or frequent Mass. Parishes contact us for help organizing an adoration sign-up weekend. We assist remotely, with comprehensive Do It Yourself resources or in some locations we can provide or facilitate an in-person missionary visit if desired. On the weekend, clergy preach a Sign-up sermon (we provide samples) or laity deliver a personal sharing with the sign-up instructions after Holy Communion. During each Mass, Invitations (sign-up forms) to commit to a weekly holy hour are handed out to the faithful, completed and collected. We provide all of the organizational documents in a digital format and an adorer scheduling database. A coordinating team of two or more people from within each parish is recruited. We lead or provide instructions for an organizational training meeting by phone, email or video conference. People are amazed to see 25-60% of adult parishioners sign-up for a weekly holy hour! Hours around daily Mass are popular. The response from the sign-up and the parish priest's decision, determine the number of days and hours that exposition will take place, either partial hours or round-the-clock adoration.

We can be reached through our website [www.perpetualeucharisticadoration.com](http://www.perpetualeucharisticadoration.com) or at 1-800-784-9550.

By the staff of:

EUCARISTIC ADORATION