

OUR LADY OF THE VISITATION PARISH LAUNCHED ROUND THE CLOCK PERPETUAL ADORATION



“Come to Me, all you who labor and are burdened and I will give you rest.” - Matthew 11:28

In July 2024, our organization promoting and helping parishes to expand Eucharistic and perpetual adoration, was delighted to be contacted by a parishioner, who was happy to have been appointed by her pastor to help start round the clock adoration.

She explained how devoted and determined her pastor was about establishing perpetual adoration. The parish had recently launched a campaign to turn an existing old building on the parish property into a new perpetual adoration chapel with seating for up to twenty people, secure access, a youth centre with a Carlo Acutis youth lounge, a St. Jerome Library and classrooms for parish programs. The construction and renovation then began later that summer. The chapel would be ready in 2025.

We encouraged the parish to pray and make some kind of fasting or mortification to achieve their goal of 24/7 perpetual adoration. Our prayer team united with them to pray for their successful launch. We encouraged aiming for round the clock adoration - more people respond and pitch in when the goal is big. Our Lady’s response and their excellent efforts and perseverance indeed helped them to attain the bullseye of their target!

Our organization provided Do It Yourself resources and some remote assistance for promoting adoration and organizing an adoration sign-up weekend. The parish expressed interest in going more digital with scheduling, and in October they enrolled for AdorationPro with a discount through our website, in order to manage online sign-ups and for adorers to find substitutes through text messages. “Coming Soon” hours were made available so adorers could start to sign-up online to cover each hour that would eventually begin in March. Videos to train someone to manage AdorationPro, and for adorers to learn how easy it is to use it, were provided. We prayed a Novena.

The parish made some of their own videos and posted them on their website and YouTube. They put up a great webpage with information about adoration and began promoting from the pulpit, using email Flocknotes. Surrounding parishes received information for their parish bulletins.

The most effective sign-up method was their adoration sign-up weekend, which took place on November 16-17, 2024. Setting the bar high, the pastor signed up to adore for an hour *daily*, during one of the overnight hours between Midnight and 6 a.m.!



They published a “Coming Soon” article in the December 2024 issue of *Our Parish Times*, their local diocesan newsletter: “The adoration chapel will allow me and others to come sit in silence and be in His Presence. I can speak heart to heart with Him. Adoration is spending an hour with Jesus. I have a quiet moment, up close and personal. I can talk with Jesus... We are called to be friends with God. And that involves spending time with Him and letting Him work on us....”

The perpetual adoration began at the parish on March 3, 2025, in a classroom in the Youth Center while the final, permanent chapel was being completed. The pastor exposed the Blessed Sacrament and made the first Holy Hour. Regular scheduled hourly adorers continued round the clock, sometimes with all chairs with kneelers full, plus a steady outpouring of drop-in visitors overflowing and sitting on the floor or standing.

The permanent location for their Perpetual Adoration Chapel officially opened at 12:00 a.m. on April 20, 2025, Easter Sunday.

The description of this parish on their website is being fulfilled: “Experience a vibrant, welcoming community of fellowship, grace, love of God and one another, guided by the Light of Christ.”

“Just as a lighthouse illuminates the night, guiding boats safely to port, so a chapel of perpetual adoration spreads the Light of Christ upon the parishioners, the city, and the whole world, guiding them on the path of sanctity and abundantly pouring forth the divine mercy upon all.” (Fr. Florian Racine, *Could you not Watch with Me One Hour*)

Our apostolate would be delighted to help other parishes and dioceses to expand Eucharistic or perpetual adoration and can be reached at:

EUCHARISTIC ADORATION www.perpetualeucharisticadoration.com 1-800-784-9550.