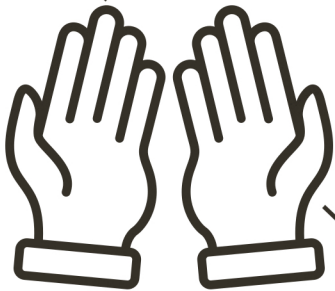


The Holy Mass

A Beautiful Way To Practice The Greatest Commandment

*Love the Lord your God with all your heart and with all your soul
and with all your mind and with all your strength.'*

Mark 12:30



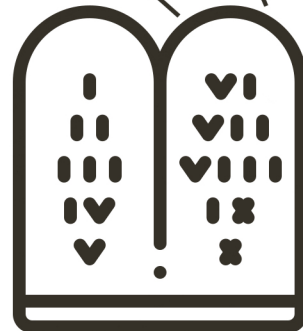
**Love God with All
Your Soul**
Offer up Holy Prayers
and Sacred Hymns to
God During Mass



**Love God with All
Your Mind**
Stay Focused at Mass
& Listen Attentively
To the Bible Readings
and Homily. Think
About What They
Mean to You.



**Love God with All
Your Heart**
Respectfully receive
Jesus in Holy
Communion & Express
Loving Thoughts,
Prayers, Thanks & Praise



**Love God with All
Your Strength**
Follow God's
Commandments Even
When It's Hard & Go to
Confession Before Mass
When Possible. Love God
Even When Times Are
Tough.