

Daylight Savings Note for Adoration Coordinators and Adorers

How to schedule adorers around Daylight Savings Time:

Daylight Savings Time (DST) is different for each country (and even different regions within the same country). You can learn more about DST at the following links:

- <https://www.timeanddate.com/time/change/canada>
- <https://www.timeanddate.com/time/change/usa>
- <https://www.timeanddate.com/time/change/uk>
- <https://www.timeanddate.com/time/change/australia>
- <https://www.timeanddate.com/time/dst/spring-forward-fall-back.html>
- <https://www.timeanddate.com/topics/daylight-saving-time>

For those that observe Daylight Savings Time in Canada:

Spring

In the spring, clocks *spring forward* from 1:59:59 AM straight to 3:00:00 a.m.. Thus, the 2:00 a.m. hour simply "doesn't exist".

Coordinators can notify your 2:00 a.m. adorers to let them know that they don't have to show up for adoration that day. Or, don't notify them and you may simply have more adorers at the 3:00 a.m. hour.

Coordinators could also remind all Sunday adorers to set their clocks forward an hour since they'll need to go to adoration an hour earlier that day.

Fall

In the fall, clocks *fall back* from 1:59:59 a.m. to 1:00:00 a.m.. Thus, there are two 1:00 a.m. hours.

The additional 1:00 a.m. hour will not appear on your adoration schedule and will not be something your adorers can sign up for.

If you plan to have adoration during that second 1:00 a.m. hour, it is recommended that you sign up at least two people for the 1:00 a.m. hour and then ask one of them to take the second 1:00 a.m. hour.

Coordinators could also remind/notify all Sunday adorers to set their clocks back an hour since they'll need to go to adoration an hour later that day.