

Prayers for Childrens' Visit with Jesus during Eucharistic Adoration

Prepare the children (before adoration and follow up during adoration)

- Priest (persona Christi) during the consecration in the Mass
- Real Presence of Christ in the Eucharist (Body, Blood, Soul and Divinity)
- Eucharistic Adoration (Jesus in the Blessed Sacrament exposed in the monstrance) so that you can adore Him, thank Him, to tell God that you are sorry for your sins, to pray for someone or to ask Jesus for something, etc.
- Reverence (genuflect, kneeling, prayers, silence, group prayer/singing, etc.)

1. **Preparation** – “ *In the name of the Father the Son and Holy Spirit.*” *In silence, we place our hearts and minds on Jesus Who is truly present in the Blessed Sacrament exposed in the monstrance. Ask the Holy Spirit to help me to pray during this time.*
2. **Prayers of Faith/Love** – Jesus, thank You for being here so that I can visit with You. Thank You for loving me. I love You with all my heart! Dear Blessed Mother, help me to love Jesus as You love Jesus. My God, My God, I love You in the Most Blessed Sacrament! Jesus, I trust in You!
3. **Adoration** - I adore You – here present in the Blessed Sacrament of the Altar - where You wait day and night to be our comfort. Jesus, our God, Who for our salvation, and that of all mankind suffered, was crucified and died for us - we adore You. My God, I believe, I adore, and I trust in You.
4. **Contrition** – Dear Jesus, I’m not always as good as I should be and I have offended You. I’m very sorry for my sins and ask for Your forgiveness and for the grace to help me to be a better person.
5. **Thanksgiving** – Thank You for the Eucharist and the other sacraments and for Your mercy. Thank You for my family (Mother, Father, brothers and sisters, grandparents, etc.), my friends and our health, etc.). Thank You, Jesus, for blessing us today! Thank You for creating me!
6. **Petitions** – For the needs of our family, friends, church and country. For peace in the world. For the poor souls in purgatory. For the needs of priests. For vocations to the priesthood and consecrated life. For the sanctity of life. Pray that God will help me know my vocation.
7. **Other Prayers/meditations, etc. (optional)** – Holy Rosary (a decade), Fatima prayers (Pardon Prayer, Angel’s Prayer, Eucharistic Prayer, Sacrifice Prayer), reading passages from the scriptures, stories from the lives of saints, and sing songs if appropriate.
8. **Closing** – Pray the Divine Praises or sing a song of praise if appropriate. Genuflect - make the sign of the Cross.

Blessed be God
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed God, in His angels and in His saints.